AGES 4–8 ACTIVITY

Match Emotions to Faces



WHAT THIS IS

Faces give us clues about feelings. Matching faces to words builds feelings detective skills.

HOW TO USE IT

1. Look at each face.
2. Draw a line to the matching feeling word.
3. Make each face yourself in a mirror.

EXAMPLE

"*Eyebrows down and a frown? That face matches **angry**.*"













Sad

Excited

Confused

Worried

Happy

Angry

Make your own face! Draw a face for how you feel today and name it.

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